



## REZA YAVARI, M.D.

**FOUNDER AND CEO OF BEYOND CARE  
MEDICAL ADVISOR, ZILLION**

Reza Yavari M.D. is a Board certified endocrinologist trained at the Yale School of Medicine. As a Founder and CEO of Beyond Care® since 2000, he has been a leader in the field of lifestyle management aimed at metabolic disorders such as diabetes and obesity.

Dr. Yavari is a regular guest on national and local radio and television stations and lectures frequently to a variety of audiences. His efforts and his book titled *It Must Be My Metabolism* (McGraw-Hill) have been featured in the New York Times, the Yoga Journal, Shape Magazine, NPR, CNN News Live, More magazine, among other national press and media. His upcoming book titled *Simulation Coaching* together with an accompanied software app called *Health Lifecards* will soon be available for health seekers who wish to self-coach to lose weight and reduce diabetes risk by means of therapeutic lifestyle change. In 2017 his efforts won him the prestigious “Solver” title at the MIT-SOLVE international competition.